

# DC TUTORING & MENTORING INITIATIVE

@DCTutorMentor | 202-688-1261



We connect volunteers to **50 organizations & schools.**

Students need help with math and other subjects.

More just need a **caring adult** in their lives.

## HOW IT WORKS

We're looking for people to volunteer 1-2 hours a week.

**When?** Mornings, afternoon, evenings, and weekends!

You tell us when and where you can help & we'll match you to a program that works for you.

Nearly 2 out of 3 DC students

**\*60,000 children\*** are reading

below grade level.

## HOW TO HELP

Build a team of friends or work colleagues to tutor once a week.

Tutor students in STEM subjects, coach sports, or do art projects together.

Foster an elementary students love of reading or guide a high schooler through college applications.

**Sign up today! <http://dcTutorMentor.org>**



## Civic Leadership Practice

# BODHISATTVA SATURDAY MORNINGS

The hope of a secure and livable world lies with disciplined nonconformists who are dedicated to justice, peace and brotherhood.

Dr. Martin Luther King



Get Active,  
Get Inspired,  
and Get Involved!



Sign up today  
<http://dcTutorMentor.org>  
Think Globally. Act Locally.  
Practice Daily.

8 a.m. - 9:30 a.m.

## Steps of the Lincoln Memorial

A "BODHISATTVA" is a person devoted to developing the wisdom and compassion needed to act for the benefit of all.

Create a **community of practical idealists** - of Bodhisattvas - who support one another and develop our hearts, minds, bodies and spirits to be the best leaders we can be - regardless of our formal position.

It's going to take more than political change to fix what's broken in the U.S. We need to change our civic culture, and that starts with leaders who act with courage, wisdom, kindness, vision and integrity. With practice, that can be all of us. Join us and become "the change we wish to see in the world."

## ACTIVITIES

**Meditate**, reflect journal, or pray

**Run or walk** around the Reflecting Pool

Go solo, pick a partner, or join a group for exercise and/or conversation

**Warm down with yoga** or light group exercises and/or share your reflections

**OPTIONAL:** Join us afterwards for **Civic Canvassing** at local farmers markets